

# SLIP & FALL PREVENTION



P. O. Box 321455 • Flowood, MS 39232  
1-888-981-4440 • [www.mhrwct.com](http://www.mhrwct.com)

- **Wear slip-resistant shoes with rubber soles.**
- **Keep floors dry, clean and oil free.**
- **Follow proper floor cleaning procedures - more chemicals does not mean better cleaning.**
- **Use a dry mop or fan to dry floors quickly.**
- **Clean up spills immediately.**
- **Place “wet floor” signs in any wet areas.**
- **Report or replace any worn or torn mats, carpets or loose tiles.**
- **Insure all aisles are free from boxes, cords or other clutter.**
- **Utilize proper equipment such as ladders and step stools for reaching items overhead.**
- **Do not carry items that block your vision and could cause you to trip and fall.**
- **Pay attention to walking surfaces - watch where you are going and stepping.**