Food Allergies
You Are Required To Know, Don’t Guess

Food allergies can range from mild to life-threatening
Take guest allergy requests & questions seriously.

Most Common Food Allergens
Peanuts
Tree Nuts
Fish
Shellfish
Eggs
Milk
Wheat
Soy

When a guest informs you that someone in their party has a food allergy, follow the four R’s:

♦ Refer the food allergy concern to the chef or manager
♦ Review the food allergy with the guest and check ingredient labels
♦ Remember to check the prep procedure for potential cross-contact
♦ Respond to the guest and inform them of how you are going to address their concern

Provided by the Mississippi Hospitality & Restaurant Association and ServSafe Central 1-866-963-8564